

Skjold

Inside this Issue

- 1 Letter from our President
- 2 Har du hørt?
- 3 Skjold 1999 Officers
- 4 Scholarship Information
- 5 Birthdays
- 6 Lodge News
- 7 Letter from Your Editor



Skjold Lodge #5-100
SONS OF NORWAY
Scandinavian Club
2323 N. Wilke Rd.
Arlington Heights, Illinois 60004

Editor: Krista J. Bachman

Kommentar Fra Presidenten

Jostein Bakken

Dear Friends,

Happy New Year! I hope this snow and cold weather we have had lately will not dampen your spirits too much. It could give us some extra time to reflect on the past and plan for the future. I believe we should learn from the past as we plan for our future.

I hope our future plans will include Sons of Norway and Skjold Lodge. With a membership of approximately 400 people and only an average of 30 attending the meetings, we need a new approach to this membership problem. We need to hear from you! Unless the members speak out, we don't really know what direction to take. So, please let your wishes be known.

Although I did not campaign for this position very hard, I am looking forward to a year of fun, learning and socializing. I will try to do my best, but will need the support of the dedicated board and members in order to keep this lodge running smoothly into the 21st century in a proud fashion.

I would like to mention the scholarship that district 5 is giving out. *The Cy Wittrock and Olav Eide Academic Scholarship* of \$300 to students is available as well as various International Sons of Norway scholarships. Please see page 4 in our newsletter for more information. It has been some time since anyone from

Skjold has applied; it would be great to have someone close to home receive this.

Until Next time, Ha Det!

Fraternally,

Jostein Bakken

Barnebirkie 1999

The Barnebirkie cross-country ski race will be held on Thursday, February 25, 1999 at 1:00 p.m. on the golf course in Hayward, Wisconsin. This will be the thirteenth year!

The Barebirkie is a family event where children ages 3-13 participate in a ski race. Parents too can ski along side, or cheer the youngsters on from the sidelines. At the finish line, the children receive medals for participation. Refreshments for all are available. Over 1600 skiers are expected this year, so volunteers are needed for supervision during the race. If you can't make it for race day, cookie donations will be greatly appreciated! Last year, over 1600 dozen cookies were prepared from lodges throughout the 5th district. If you would like to volunteer your services or arrange for a cookie pick up, call **Jostein Bakken (847) 526-6486 or Gene Kaczmarek (773) 878-3762.**

H a r d u h ø r t ?

By, Evelyn Eck

First of all, here is a little introduction to new member and Skjold News Editor for 1999, **Krista Bachman**. She grew up in Cary, IL. and attended college at Illinois State University where she earned her bachelors in communications, specializing in public relations. Krista and her husband, Brook, recently returned to Chicago area after spending three years in St. Louis, Missouri and are currently living in Bartlett, IL. They have two children, daughter Holly who is 2 ½ and son, Ryan, who is 14 months. In her spare time, Krista enjoys cake decorating, music, reading and the Bulls. A further insight into our lively, enthusiastic and fun member is Krista's views on being Norwegian. Here they are: Krista feels a little "watered down" because she is also Polish and Danish; you'll never see Krista eating fish or cheese (do we still want her in the club?); although Krista is not 100% Norwegian, she is in her heart; Krista is envious of club members with their names ending in "en". Attend our lodge meeting and meet Krista in person.

Jill Crooker tells of her delightful experience in Sweden attending a folk dance camp a few months ago. It was held in the province of Hälsingford, outside the town of Järvös. It was part of the annual Hälsinge Hambon contest and consisted of dancing the hambo in the meadow of Harga, through the towns of Bollnäs, Arbrä and finally over the bridge to Järvös. Jill is a member of Leikerringen Heimhug and has attended a Norwegian Folk Dance Camp in Norway too, traveling to Valdres, Setesdal, Telemark and Hallingdal. Closer to home, the group has practiced their dancing skills at Folklore Village Farm in Dodgeville, Wisconsin and at Argonne Labs Recreation Center in Argonne, Illinois.

Lillian Berge visited her daughter, Wendy, and family for 10 days over Christmas in St. Louis, Missouri. She experienced a severe sleet/ice storm and that was the closest resemblance to a white Christmas!

Several Skjold members have had surgery over the past two months or so, but happily have recovered and are doing well.

They are: **Alice Freier**, cataract; **Elizabeth Fjortoft**, gall bladder; and **Steinar Steine**, hernia. **Elsie Bond** reported she has recovered from pneumonia that troubled her and she will now leave to spend a few months in Florida.

Clifford Christensen is recovering well from the injury to his hand, which occurred as he prepared his power lawn mower for storage. He said the bandages have been removed and he is able to use it well. In fact, he was able to handle his snow blower to clear his walk after the recent heavy snowfall. Good news all the way around!

Barney Jacobson looked well when he attended our holiday party. Later he sent a note to say he would be leaving for North Carolina to spend Christmas with his daughter and her family. From there he would go to Florida for the winter. He expects to return in March in time to be at our March meeting to celebrate his 89th birthday.

Skjold members: Don't forget to send news for this column. Mail to:
Evelyn Eck, 1285 Luther Lane # 402 Arlington Heights, IL 60004-8108
Mange Tusen takk,
Evelyn

Velkommen!

The Skjold lodge is always pleased to welcome in our new members!

Jane Wendell
705 Sienna Drive
Schaumburg, IL. 60193
(847) 301-3513

Some Changes to Note:

Change of Telephone Numbers:

Ingeborg BoHansen (847) 358-6913

Gregory Wittrock (734) 455-7664



Change Of Address:

Olive J. Ryan
1805 W. Spring Creek Pkwy.
Plano, Texas 75023-4253

Here are Your New Skjold Lodge Officers for 1999



Front (L to R): Lorraine Cummings, Ann Christiansen, Lester Amack, Jostein Bakken, Ron Bentsen, Gene Kaczmarek, Evelyn Eck. **Middle (L to R):** Ed Waters, Lois Amack, Karin Baseler, Lillian Berge, Norma Berke, Diane Overby, Krista Bachman, Marge Wittrock. **Back (L to R):** Art Kleven, Clifford Christiansen, Bjarne Kristiansen, Don Overby, and Dave Grevstad.

President	Jostein Bakken
Vice President	Ron Bentsen
Counselor	Lester Amack
Secretary	Gene Kaczmarek
Asst. Secretary	Carol Bentsen
Financial Secretary	Lorraine Cummings
Treasure	Ann Christiansen
Cultural Director	Diane Overby
Editor	Krista Bachman
Social Co-Directors	Norma Berke
Lillian Berge	
Foundation Director	Karin Baseler
Asst. Foundation Director	Arthur Kleven
Librarian	Marge Wittrock
Historian	Carol Bentsen
Publicity Director	Tordis Dutkiewicz
Inner Guard (Greeter)	Ron Bentsen
Outer Guard	Clifford Christiansen
Marshals	Ted Torgersen
	Bjarne Kristiansen
	David Grevstad
	Clifford Christiansen
Sports Directors	
Steinar Steine	
Youth Director	Ted Torgersen
Musician	Lester Amack
Auditors	Judy Torgersen
	Ed Waters
	Lois Amack
Trustees	Arthur Kleven '99
	Ray Haakonsen '99, '00
	Don Overby '99, '00, '01
Sunshine Committee	Evelyn Eck
	Alice Freier
Personal News	Evelyn Eck

November 24, 1998 marked an important day for the Skjold Lodge -- it was the installation for our 1999 officers. Thanks to Jon Grinde, International Director, for coming down from Madison to help make everything official (and to sing us all a few great songs!). The highlight of the ceremony was having Jostein paraded around the room by the marshals, Marge Wittrock and Lois Amack until he was handed the gavel and shown his proper place in the lodge.

A note of thanks goes out to the 1998 officers, for they all did a super job in running our club. With old faces and new, the 1999 year should go just as well.

The single most important ingredient for any club are the members. Without our fine, dedicated members, the Skjold lodge would not exist! That is why there is a constant membership drive going on. There are a lot of heritage conscience people who would love to join us for some akvavit! Everyone should keep their eyes open for potential new folks to join the Skjold Lodge.

Cross Country Outing Planned

Skjold lodge invites all members and guests to a cross-country ski outing at Moraine Hills State Park in McHenry, IL. Sunday, February 7th. We will plan to meet in the Scandinavian Club parking lot at 11 a.m. From there we will all caravan to the park (NW on RT. 12 to RT. 176 past Island Lake). Ski rentals are available at the Lake Defiance concession. No snow? We have an alternate date of Sunday, February 21st. For more information, please call Steinar Steine (847) 381-2533 or Clifford Christensen (773) 777-4298.

Come ski With us!



News brief: Western Glaciers Grow; Eastern Ones Recede

Climate experts think that in a worst-case scenario, most of the glaciers in the Jotunheimen Range could melt into puddles by the year 2100. Record heat (in the summer of 1997) has reduced several glaciers in Eastern Norway. But the jostedal glaciers on the west coast continues to surge forward. The chief of the road department in Song og Fjordane county, Lars Lefdal, is worried about increased threats of avalanches on the adjacent road near the glaciers.

----From Norway Now, Primo September 1997

Sons of Norway Foundation Fund for 1999

March 1, 1999 is an important date for those wishing to submit an application for a scholarship. The 1st is the postmark deadline to have applications into Minneapolis, **attention to Liv Dahl, Foundation Director.** If you need more information, please contact **Art Kleven at (847) 870-1679.** The following five available scholarships are open to Sons of Norway children or grandchildren.

King Olav Norwegian-American Heritage Fund:

Those eligible include any American, 18 years or older, who has demonstrated a keen and sincere interest in the Norwegian heritage and any Norwegian who has demonstrated an interest in American heritage.

The grants may range from \$250 to \$3000 and would finance the study of arts, crafts, literature, history, music, or folklore at an institution of higher learning.

Winners are selected based on grade-point average, participation in school and community activities, and education and career goals—plus references.

Astrid G. Cates Scholarship Fund:

Applicants must be between the ages of 17 and 22 and must either be members of Sons of Norway or the children or grandchildren of members. Applicants must show clear financial need.

Winners are selected based on financial need, clarity of study plan, long-term career goals, grade-point average, extracurricular activities, and a letter of recommendation.

Grants range from \$500 to \$750.

Nancy Lorraine Memorial Scholarship:

Applicants must be female American citizens between 17 and 35 years old on the date the application is submitted.

Applicants must be either Sons of Norway members or the children or grandchildren of members. Employment at NASA Goddard Space Flight Center in Greenbelt, Maryland, may be substituted in lieu of belonging to Sons of Norway.

Applicants must be full-time undergraduates who have completed at least one term, majoring in chemistry, physics; or chemical, electrical, or mechanical engineering.

Oslo International Summer School:

Summer school students who are either Sons of Norway members or whose parents or grandparents are members are eligible to apply for an Oslo International Summer School scholarship. Two \$1500 scholarships are awarded.

Camp Norway—Language and Culture Institute:

Camp Norway scholarships ranging from \$250 to \$1000 are available to high school and college students. Applicants must either be Sons of Norway members or the children or grandchildren of members.

Applicants must apply to Camp Norway before applying for the scholarship.

District Scholarship

The **Cy Wittrock and Olav Eide Academic Scholarship** is a \$300 scholarship for a youngster to attend trade school or college. This money can even be used for buying books. Applications for this scholarship must be postmarked by March 15, 1999 and sent to District 5 youth director, Harland Andersen. Questions? Contact **Jostein Bakken** or **Gene Kaczmarek.**

Takk Takk Takk

There are a few Takks that need to be dished out! First a whole hearted “Thanks” goes out to Barney Jacobson for his generous contribution to the Skjold Lodge scholarship fund. A man of his word, he presented the lodge with a check that will be used in accordance with our foundation fund.

Judy Torgersen writes: It takes many people to make a success of every event. The bazaar is an example. We should name a few folks who really stand out: **Agnes and Myron Tollefson** for purchasing the bakery goods in Andersonville. Also, thanks **June and Steinar Steine** for purchasing the cheeses and fiske ball and everything else they do year after year. Thanks also for the many people who worked and donated items. No one person can do all of this, it takes everyone’s participation! We at Skjold lodge are very lucky to have so many dedicated members! Thank You Again—
The Bazaar Committee.

An advance thanks goes out to those who donate items for the 1999 raffles. Sons of Norway is known to raffle items as fund-raisers. It helps to defray some of our expenses. We are happy to have any donations for raffles! Thanks.

Thanks to **Bob and Rae Bolstad, Lester and Lois Amack** and **Lillian Berge** for donating their homemade lefse to enhance our lutefisk Christmas dinner! It added such a personal touch!

Wow! An **extremely generous** donation was made to the lodge from **Lillian Berge.** Thank you, Lillian, you are so thoughtful.

The Christmas donations from **June and Steinar Steine** were much appreciated! Takk!

The lodge is very appreciative to **Ann Christiansen** and **Krista Bachman** for filling the positions of Treasurer and Editor, respectively. Velkommen!

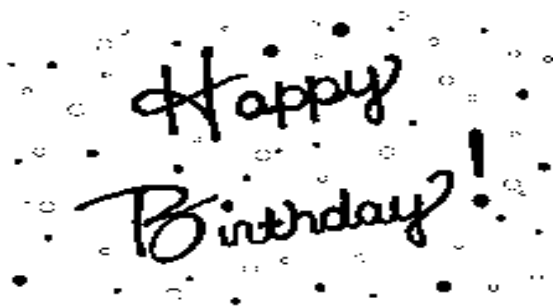


February Birthdays
By, Lois Amack
Gratulaere med dagen!

- 01 John M. Bakken
- 02 Clifford W. Breckan
- 05 Thor Jondahl
- 07 Marie Broberg
- 08 Elizabeth C. Johnson, Gunvor J. Sorensen
- 10 Kari A. Kronberg, Reidar O. Olsen
- 11 Lorraine Amack
- 12 Edith C. Olson
- 13 Helen V. Basler, Valerie L. Burgdorf, Elizabeth Fjortoft
- 14 Arthur R. Anderson, Robert W. Jones
- 15 Ruth Anderson, Louis E. Thompson
- 17 Wayne H. Madsen
- 19 Susan G. Burt
- 20 Stella J. Johnson, LeRoy O. Ruud, Judith Torgersen, Louis B. Kuppenheimer
- 21 Arthur G. Kleven
- 22 Dorothy Chouinard
- 23 Raymond E. Perry, Charles M. Stevens, David J. Grevstad
- 24 Eva G. Stone
- 28 Kenneth Brown, Norma F. Halvorsen

March Birthdays
By, Lois Amack
Gratulaere med dagen!

- 01 Michele M. Boyer, Sverre Fehn
- 02 Ann Norstad Collins
- 03 Lynton E. Norstad
- 04 Richard L. Byvik
- 05 Berit Abbrescia, Edna A. Holmes
- 06 Jill K. Crooker, Anne K. Meland, Myron Tollefson
- 07 John D. Hill
- 08 Harold Knutson
- 09 Michael D. Schmalz, Jr.
- 10 Lois Amack
- 11 Alfred Haugsness, Bette Oldeen
- 12 Cheryl Noah Burseth, John Schaad
- 13 Donald W. Lund
- 18 Judith A. Stromsland
- 20 Margaret Breckan
- 22 Vivian R. Isaksen
- 24 Bjarne Kristiansen
- 25 Bernard Jacobson
- 26 Eric P. Burseth, Kari T. Hoel
- 30 Lillian Bogstrad
- 31 Beverly Orians



Volunteer / Member Services Sheet



Enclosed you will notice our volunteer / Member Services sheet. Every year, the Sons of Norway has the responsibility of reporting volunteer acts and the hours donated to support its claim that Sons of Norway qualifies as a fraternal/benefit organization. The form for 1998 has two sides and special attention should be given to the new "Fraternal Support" side. Please fill out the form and return it to the lodge secretary ASAP, takk.

Mark Your Calendars

We plan to resume the MINI Norwegian language lessons at our **February 23, 1999 meeting, at 7:30 p.m.** Come out and have an enjoyable evening "brushing up" on your Norwegian and possibly learning a new phrase or two. As usual, we will have coffee, dessert and good fellowship.

Join us at 7:30 p.m. on March 23, 1999 and help Barney Jacobson celebrate his 89th birthday. Also at the meeting, awards will be presented to Skjold members qualifying for 25 year, 50 year and life membership pins. In addition to all of this, we will get a Barnebirkie report from those who attended. We look forward to seeing you at this evening of Norwegian camaraderie.

In April, in addition to our normal meeting, we will be having a program on Heritage Camp. Heritage Camp is located in Fall Creek, Wisconsin and may be of interest to your children or grandchildren for this summer. There will be a slide show and good food with friends—what more could you ask! **This is on April 27, 1999 at 7:30.**

SPEAKING OF APRIL...

Sounds far away, but it is time to start thinking about the Skjold Lodge's 9th annual Family Heritage Festival. This is always an enjoyable event with food, music, cultural information and Scandinavian crafts! The date is Sunday, April 18, 1999.

MONTHLY SOCIALS – HOST AND HOSTESSES

Our lodge meeting would not be complete without all the goodies and coffee we enjoy month after month. The following are the names and dates that already have someone to host, but please contact one of our social chairs if you could help out in June through December. Karin Baseler (847) 301-3604, Lillian Berge (847) 251-9151, or Norma Berke (847) 825-6102

Jan 26 th	Lois Amack and Judy Torgersen
Feb.23 rd	Karin Baseler, Clifford Christiansen, and Jane Wendell
March 23 rd	Barney Jacobson
Apr.27 th	Tordis Dutkiewicz, Gene Kaczmarek and Margaret Wittrock
May 25 th	Evelyn Eck and June Waters

Here's a Great Idea!

Years ago, it was tradition among the Sons of Norway lodges to save a penny a day for the Foundation fund. Last year, Lester and Lois Amack saved a dime a day and were prepared for the October foundation drive! What a great Idea!

--Arthur Kleven, Foundation Director

While standing for several hours rolling out and baking lefse, flex your knees slightly to reduce the strain on your legs and back. This allows for better circulation to your lower extremities!

Here is a speedy way to cut lefse: Using a wooden buttering knife (this is more gentle on tender lefse!), lay out one whole baked and cooled lefse on a bread board surface. Spread butter and/or sugar and cinnamon if you choose. Then, fold your lefse in half and cut with a pizza wheel cutter (larger wheels work best) into any size pieces. Wrap in saran wrap until ready to serve. **AH LEFSE!!**

--Lillian Berge, Social Director

Send all "Here's a Great Idea" suggestions to your Editor, Krista Bachman

A Quick Letter From the Editor!

Krista Bachman

Hello all! I am excited about being your editor for Skjold News. I will do my best to give a complete and entertaining look into the lodge events, happenings, news about Norway and other tidbits of information.

I would love to hear from everyone. In order to make the news more personal, I encourage everyone to send me recipes, helpful hints, old stories, new stories—anything you would like to share with other lodge members.

Being a “new girl”, I am not familiar with everyone’s exciting past experiences. Chances are, others would be just as interested as I am. Pictures are a plus, too.

Thank you in advance for the help in making our newsletter enjoyable as well as informative.

Fraternally,

Krista J. Bachman

Recipe of the Month:

After-Ski Porridge

One thing that a typisk norsk will do after spending the afternoon skiing is to eat a great supper! Try this recipe out on your next winter weekend:

Fløyelsgrøt Velvet Porridge

1 quart whole milk

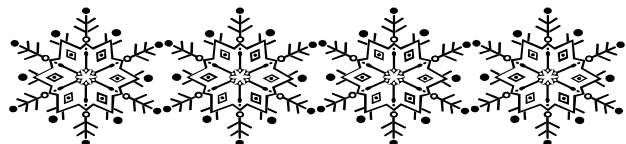
1/3 cup butter

1 cup flour

½ teaspoon salt

Carefully bring the milk to a boil. Melt the butter, stir in the flour until smooth. Gradually whisk in the boiling milk until smooth. Simmer 5-10 minutes. Season with salt. Serve with sugar, cinnamon, butter and a glass of red fruit juice. (Serves 4)

--From *The Norwegian Kitchen*, Kjell E. Innli, Editor



Valentine Party and Benefit Ball

This gala event being held at our own Scandinavian club is on February 13, 1999 with social hour starting at 6:30, dinner at 7:30. So pucker up and get your dancing shoes on! Beth Palmer String Ensemble will provide the music. There will be a complete sit-down meal and the cost to you is only \$45 per person. All proceeds, after expenses, benefit SACS for building repairs and upkeep. Reservations should be made by February 5, 1999 and for more information, call Keith Hertsgaard at (847) 296-4589. **KISSY KISSY.**

Skjold Lodge 100

President	Jostein Bakken	(847) 526-6486
Membership	Ron Bentsen	(847) 506-9488
Sunshine	Alice Freier	(847) 255-4724
	Evelyn Eck	(847) 392-0696
Editor	Krista Bachman	(630) 372-8446
Personal News	Evelyn Eck	(847) 392-0696



District 5 Information

Did You Know?



The 5th district has clubs in the following states: Illinois, Indiana, Michigan and Wisconsin.



In district 5, Wisconsin has the most lodges at 37! (Illinois has 12).



...that you can contact your editor if you want information on visiting any of the clubs! Here are a few neighbors to consider: Polar Star #472 in Aurora; Bjørnstjerne Bjørnson #97 in Chicago; Leif Erickson #189 in Chicago; Northern Lights #647 in DeKalb; Fjordland #606 in McHenry.

COMING EVENTS

February

- 07 Sunday Cross Country Ski Outing, McHenry Illinois 11 a.m. (SACS)
13 Saturday SACS Valentine's Day Party, SACS, 6:30 p.m.
16 Tuesday Skjold Board Meeting, SACS, 7:30 p.m.
17 Wednesday Bingo Night (Skjold), SACS 5-10 p.m.
23 Tuesday Skjold Lodge Meeting, SACS, 7:30 p.m.
25 Thursday Barnebirkie, Hayward, Wisconsin 1:00 p.m.

March

- 01 Monday Deadline for International Scholarship (Postmarked by 3/1)
08 Monday Deadline for *Skjold News*
15 Monday District 5 Scholarship Deadline (Postmarked by 3/15)
16 Tuesday Skjold Board Meeting, SACS, 7:30 p.m.
17 Wednesday Bingo Night (Skjold), SACS 5-10 p.m.
23 Tuesday Skjold Lodge Meeting, SACS, 7:30 p.m.

Please Note: All information to be included in the April / May issue of *Skjold News* should be submitted by **MARCH 8, 1999**. Thank You!

.....

Skjold News
SONS OF NORWAY
Krista J. Bachman, Editor

Non Profit Organization US POSTAGE PAID CITY, STATE PERMIT NO. 93 Arlington Heights, IL 60004
--

ADDRESS CORRECTION REQUESTED