

Skjold News



November-December
2009

The input deadline for our
January-February 2010 issue of
Skjold News is
December 1, 2009

Sons of Norway – A Fraternal Benefit Society
Visit us on the web at www.skjoldlodge.com

Christmas Party

December 19, 2009
3:00 p.m. – 5:00p.m.



Bethel Lutheran Church,
3839 West Frontage Rd.
Hospitality Room
Lower Level
West Entrance
Palatine, IL

Food, beverages, games.
Surely the children have
started writing their wish
list, and wondering if
Santa will be visiting
Skjold again this year to
bring Yule time cheer to
old and young.
The answer is a
resounding: "Yes!" And
Jolly Old Saint
Nick ho-ho-hopes to see
you at the party!
(Remember to bring a
wrapped gift for Santa to
give to your child).



Social Snakk by Lorrie Brenner and Judy Torgersen

COOKIES!

Are coming to our
November 22 meeting



COOKIE EXCHANGE
November 22 at 3:00 p.m. SUNDAY
LODGE MEETING. - BRING COOKIES!

Our program is a Norwegian cookie swap –
bring 4 dozen to share with others – take
home an assortment.

Those who bring cookies share in the
exchange. You end up with a much larger
variety than if you had to bake all the
different types yourself.

If you come from another lodge or are a
guest that day and you bring cookies, you
take cookies home. The more the merrier!

We'd love to have you bring traditional
Norwegian cookies, but if you bake a killer
peanut butter cookie and want to share
those, that is great too!

**PLEASE BRING COPIES OF YOUR RECIPES TO
GIVE TO OTHERS.** Unless it's grandma's top
secret recipe - please share your recipe with
others!

Lorrie Brenner & Judy Torgersen
Social Co-chairs

Culture Column – by Jon Satrum (continued on Page 2)

Solveig Bender's schedule didn't permit her
to do this month's column and she asked me
to create one. The majority of this article was
extracted from Wikipedia and other Internet
sources.

SANTA LUCIA

Saint Lucy's Day, or the Feast of St. Lucy
(Santa Lucia, Saint Lucia or sometimes Lucia
for short), is the Church feast day dedicated
to St. Lucy and is observed on December 13.
It retains traditional forms of celebration
mainly in Scandinavia, parts of the United
States, and southern Europe. It is celebrated
in Sweden, Denmark, Latvia, Estonia,
Norway, Finland, Malta, Italy, Bosnia,
Iceland, and Croatia. In the United States,
people in areas of Minnesota, and other
states with Scandinavian roots, continue to



celebrate the holiday, which is often
centered around church events. Before the
reform of the Gregorian calendar in the
16th century, St. Lucy's Day fell close to the
winter solstice in the Northern Hemisphere.

In traditional celebrations, Saint Lucy comes
as a young woman with lights and sweets. It
is one of the few saint days observed in
Scandinavia. In some forms, a procession is
headed by one girl wearing a crown of
candles (or lights), while others in the
procession hold only a single candle each.

Kommentar fra Presidenten for all the Amacks, Barbers, and Brenners



Wendell Brenner

The close of the year is creeping up on us slowly - the end of months of

doing our best to serve the lodge. Over the years we've been in offices as: President, Vice-President, Secretary, Treasurer, Financial Secretary, Youth Director, Counselor, Musician, Social Director, Trustee, Skjold News Reporter, Librarian, heading and serving on committees, serving as Treasurer on the Fifth District Board, as well as attending conventions as delegates.

It has been fun, fulfilling and challenging... most important (and what Sons of Norway is all about) is that we have all developed strong, healthy, lifelong fraternal friendships with such a fine, loyal, loving group of people!

It is time for us to leave our current offices [President, Treasurer, Youth Director and Social Director] up to others in the hopes that members will step forward, excited about

the prospects of holding positions within the lodge.

Mange tusen takk from all of us!!

Brother Wendell Brenner
For all the families.

Har du Hørt?

We received a nice letter from **Lillian Berge**:
"I am missing the special meetings and all those great "Scandahoovians".

I am doing quite well in the midst of Toric eye surgery for problems with cataracts and another vision problem. I am here temporarily until????

Please greet all for me".

Lillian wasn't able to be with us for the Skjold News Benefit and sent a check to help out. Thank you, Lillian.

Jon Satrum's stepmother, Evelyn, died in late September. She would have been 93 this coming January. A positive force in many people's lives, she will be missed.

Lorrie Brenner had an operation on both of her feet, but it didn't stop her from helping at Vasa Park for Scandinavian Day. Keep getting better, Lorrie.

Judy Torgersen slipped on the stairs and hurt her back. She is recuperating and in good spirits.



Anne Shabez
Please send all information for the **Har Du Hørt** column to Anne Shabez postmaster@skjoldlodge.com

IN SCANDINAVIA

In Sweden, Denmark, Estonia, **Norway** and Finland, Lucy (called Lucia) is venerated on December 13 in a ceremony in which a girl is elected to portray Lucia. Wearing a white gown with a red sash and a crown of candles on her head, she walks at the head of a procession of women, each holding a candle. The candles symbolize the fire that refused to take St. Lucia's life when she was sentenced to be burned. The women sing a Lucia song while entering the room, to the melody of the traditional Neapolitan song Santa Lucia. The Italian lyrics describe the view from Santa Lucia in Naples. The various Scandinavian lyrics are fashioned for the occasion, describing the light with which Lucia overcomes the darkness. Each Scandinavian country has lyrics in its native tongue. After

finishing this song, the procession sings Christmas carols or more songs about Lucia. A similar version occurs in Scandinavian communities and churches in the United States.

When the Scandinavian countries were Catholic, the night of Lucia was celebrated just as many other saints' days were. The tradition continued after the Protestant Reformation in the 1520s and 1530s. According to the Julian calendar, the night of Lucia was the longest night of the year. This is likely to be the reason why the tradition has lived on in the Nordic countries in particular, as the nights in November and December are very dark and long before the snow has fallen, and the idea of light overcoming darkness is thus appealing.

Read about Santa Lucia in Norway on Page 5.

Cookie Cones with Cognac Cream on Mixed Berries

Gratulerer med dagen



From *The Norwegian Kitchen* By Arne Brimi, Norway's renowned Nature Chef
Photo by Bengt Wilson

Most of us would call these cones krumkaker. However, Brimi says, in the district of Otta these would be called skryllo. There, krumkaker typically are made with eggs, and skryllo are made with cream. Both cookies are baked on a krumkake iron.

Cookie Cones:

- 2 cups whipping cream
- 1/4 cup sugar
- 1-2/3 cups flour
- 1/2 tsp. vanilla extract

Mixed Berries:

- 2 cups water
- 2 Tbsp. honey
- 8 mint leaves
- Approximately 2 cups mixed berries (or lingonberries, black currants, raspberries, or others)

Cognac Cream:

- 3/8 cup and 1 Tbsp. water
- 1/2 cup sugar
- 1 vanilla bean, split lengthwise
- 5 sheets (or 5 tsp. powdered) gelatin
- 2 cups whipping cream
- 4 egg yolks
- 1/2 cup cognac, scant

Caramel Threads:

- 4 ounces sugar cubes

Cookie Cones

Lightly whip the cream. Stir in the remaining ingredients.
Bake in krumkake iron and form into cones while still warm.

Prepare the cookie cones and set aside.
Melt sugar in a wide, low pan. Cook until light brown. Cool slightly. Make sure the sugar does not burn after it is taken off the burner. Stir carefully with a wooden spoon. When the sugar begins to make threads when the spoon is lifted, the temperature is correct. Place cookie cones on parchment paper and drip caramel on top. If the caramel cools, reheat.

Bring the water, honey, and mint to a boil. Add thick-skinned berries, such as lingonberries and currants, in the warm syrup. Cool and then add soft berries. Soak the berries overnight.

For the cognac cream, bring the water, sugar, and vanilla bean to a boil. Simmer 10 minutes and remove from the heat and steep one hour. Remove the vanilla bean and save for later use. Soak the gelatin sheets in cold water (sprinkle the powdered gelatin over 2 Tbsp. of the cream) to soften, about five minutes. Reheat the syrup. Whisk the egg yolks in a small bowl, then whisk in the syrup. Place the bowl in a saucepan filled with simmering water and beat until light and creamy. Squeeze excess water from the gelatin sheets (disregard for powdered gelatin) and melt. Stir the gelatin into the egg mixture. Whip the cream, add the cognac, and add to the egg mixture. Fill the cones with the cognac cream. Serve on top of mixed berries.



November

- 1 Elizabeth J. Peters
- 1 Marilyn Turchi
- 2 Harriet Olson
- 4 Karin A. Blumenthal
- 4 Charles Enge
- 4 Gust Olson
- 4 Linda K. Schwartz
- 5 Mary Caitlin Lang Faerevaag
- 6 Howard L. Foss
- 7 Joanne Karsch
- 8 Evelyn J. Eck
- 9 Tordis S. Kaczmarek
- 9 David R. Petersen
- 10 Nevin S. Behan
- 10 Alice C. Freier
- 11 Ryan Bachman
- 12 Ann M. Christiansen
- 13 Tracy Bachman
- 21 Karen M. Schroeder
- 22 Lorraine Straw
- 23 Sage Morton
- 23 Liv T Schweigert
- 23 Edward Waters
- 24 Edith A. Andersen
- 24 Selma Gunderson
- 24 Joanne M. Bjerga- Suri
- 25 Bjarne Solem
- 26 Ingeborg BoHansen
- 27 Torleiv M. Moi
- 28 Karin K. Moseid

December

- 1 Maya E. Amack-Ratner
- 1 Alice L. Perry
- 2 Norman A. Berg
- 2 Dana Suri
- 2 Sara Suri
- 4 Michael A. Hanson
- 6 Lars O. Borke
- 6 Harold G. Warp
- 7 Diedre Suri
- 12 Aidan R. Hendricksen
- 13 Milton A. Gustafson
- 14 Margaret Haugsness
- 14 Eugene R. Kaczmarek
- 15 Jessica M. Ericksen
- 16 Kenneth Johnson
- 16 Mia K. Masciopinto
- 17 Lillian R. Bakken
- 18 Carol Ann Larsen
- 19 Anny S. Kyrk
- 22 Cheyenne Morton
- 25 Judith Nicholson
- 27 Harold Hagenson
- 29 Christ Hagenson
- 29 Stig E. Ostgaard
- 30 Teydy M. Barber
- 30 Palmer Larsen

The Bunads of Skjold Lodge – A whole bunch of Amacks



Richard Franklin Amack



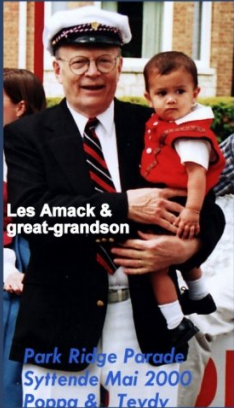
Teydy Michael Barber



Karli Ilene Amack Barber



Halley Grace Barber



Les Amack & great-grandson

Park Ridge Parade
Sjyttende Mai 2000
Panna & Teydy

Gudbrandsdalen
Lillehammer Bunads



Lois Ilene Trinrud Amack



Scandinavian American Cultural Society
Skjold Lodge Arlington Heights 1990 Karli

Lois
Beautiful bunad babe

Embroidery by Luelle Josephine Lee Trinrud

This is a collage of Gudbrandsdalen bunads purchased in Lillehammer by Les and Lois Amack on a 1985 trip to Norway—they are all worn by the Amack and Barber Family.

When Les and Lois returned from Norway, Lois's mom, Luella Lee Trinrud sewed and did all the hand-embroidery!

A little history: The female Gudbrandsdal formal bunad worn by Lois was designed by W. Johannessen, a painter, and his wife Anna, who was a seamstress, and was completed in 1923. This costume was inspired by an old blue-green skirt with a polychrome flower motif, which is now on display at the Norsk Folkemuseum. The bunad is now made in blue, black, or white wool with floral embroidery. An apron is not commonly worn in Gudbrandsdal. The cap is of the same material with floral embroidery. The blouse is of white linen or cotton with tating on the collar and cuffs. Two silver solje's (brooches) close the blouse and silver cufflinks are used at the wrist. Black stockings and black shoes with buckles are part of the costume.

The traditional bunad, worn by Karli, is also of wool and has a

predominately red plaid bodice which is fastened to the pleated red and black striped skirt ((Rondaskakken).

The male Gudbrandsdal bunad is based on a wide selection of original garments and is the result of collaboration between the Gudbrandsdal Ungdomslag [Gudbrandsdal Young People's Society], the Sandvigske Collections and the Lillehammer branch of Husfliden. It is available in several versions of trousers, waistcoat and jacket so as to meet the wearers' wishes for some freedom of choice. A hat may also be worn.

The word "bunad" originally meant clothing—but it has come to designate the special festive regional outfits Norwegian men, women and children wear with great pride both across the sea in Norway and right here at home in America!

Coming Events (always check our web site for the latest details)

November
 Tuesday November 10:
 Board Meeting 7:00PM

Saturday November 14
 11:00 AM - 3:30PM.: **18th annual Skjold Lodge Heritage Fest.** Please bring baked goods for our sale table. See details on the flyer inserted in this issue.

Thursday, November 19, 2009 7:30 PM: **Skjold Building Society Annual Meeting.** See page 8 for details.

November 22 at 3:00 p.m.
 Sunday - **LODGE MEETING.**
 Election of officers.
Program: Norwegian cookie swap – bring 4 dozen – take home an assortment. Bring copies of your recipes to share. See page 1 for details.

December
 Tuesday December 8: **Board Meeting** 7:00PM

Saturday December 19
 3:00p.m – 5:00 p.m.:
Christmas Party. See the details on page 1. Our annual Christmas party is held in place of our December meeting.



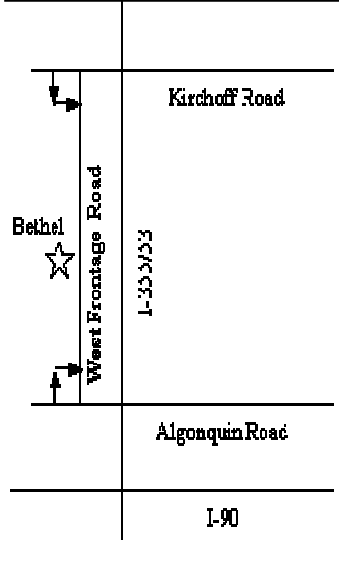
January 2010

Tuesday January 12: **Board Meeting** 7:00PM

Sunday January 22 at 3:00 p.m. **SUNDAY - LODGE MEETING.**

*****WHERE WE MEET*****

Skjold meetings and events are held at Bethel Lutheran Church, 3839 West Frontage Road, Palatine, IL (Board Meetings in the "Small Meeting Room", and events and lodge meetings in the "Hospitality Room" on the lower level), unless otherwise noted.



Santa Lucia – (continued from Page 2)

NORWAY
 The Lussinatt, the night of December 13, was largely forgotten in Norway at the beginning of the 20th century, though still remembered as an ominous night, and also celebrated in some remote areas. It was not until after World War II that the modern celebration of Lucia in Norway was imported from Sweden, and became adopted on a larger scale. It is now again observed all over the country.

Like the Swedish tradition, and unlike the Danish, Lucia is largely a secular event in Norway, and is observed in kindergartens and schools (often through secondary level). However, it has in recent years also been incorporated in the Advent liturgy in the Church of Norway. The boys are often incorporated in the procession, staging as magi with tall hats and star-staffs, and sometimes as nisses. Occasionally, anthems

of Saint Stephen are taken in on behalf of the boys.

For the traditional observance of the day, school children form processions through the hallways of the school building carrying candles, and hand out lussekatt buns (see below). While rarely observed at home, parents often take time off work to sit in for the morning hours, and to be chosen Lucia - Lucia-bride, is considered a great honor. Later on in the day, the procession usually visits retirement homes, hospitals, and nursing homes in the neighborhood.



Lussekatt Bun



Snakker du Norsk?

A Little in English...

Halloween in Norway

Celebrating Halloween is a new tradition Norway. As recently as the 1990s the holiday was almost unheard of. When "It's the Great Pumpkin, Charlie Brown" was translated to Norwegian the Great Pumpkin became the Old Man of Olsok. There are many theories as to how Halloween came to the country. Some believe that American candy companies marketed it, while others believe that it had something to do with American comic books. Nevertheless it looks like Halloween is here to stay.

The celebration in Norway resembles that in the US with a few exceptions. Children say "knask eller knep" or "digg eller deng" and both phrases have about the same meaning as "trick or treat." Sometimes the "trick" part is taken a little too seriously. It's not unusual to read about vandalism or egging after the holiday and many Norwegians find it annoying to have so many people coming to their doors. Because the holiday is relatively new, the Norwegian newspaper Aftenposten printed a few tips on how to celebrate properly, among them:

- Only October 31st is Halloween. (evidently there's been a problem with people trick-or-treating for days afterwards)
- Adults should accompany the smallest children.
- Only visit neighbors and friends to avoid making people angry.

Litt på norsk...

Halloweenfeiring i Norge

Halloweenfeiringa er ny i Norge. Så seint som 90-tallet var dagen nesten ukjent. Da "It's the Great Pumpkin, Charlie Brown" ble oversatt til norsk ble the Great Pumpkin til "Olsokgubben." Det finnes mange teorier om hvordan Halloween kom til landet. Noen tror at amerikanske godterikonserner har makedsført dagen, andre tror det hadde med amerikanske tegneserier å gjøre. Uansett ser det ut at Halloween er kommet for å bli.

Feiringa i Norge likner det i USA men noen få unntak. Barn sier knask eller knep eller digg eller deng og begge fraser har samme betydning som "trick or treat." Av og til er trickdelen tatt litt for alvorlig. Det er vanlig å lese om hærverk og egghasting, og mange nordmenn finner det masete at så mange kommer og ringer på døra. På grunnen av at merkedagen er relativt ny i Norge trykket avisen Aftenposten noen tips, bl.a. disse:

- Det er bare 31. oktober som er Halloween.
- Voksne bør følge de minste barna.
- Gå til naboer og kjente for å unngå sinte voksne.



Christmas Greetings from the board

And from these individuals



Season's Greetings
Jon and Carolyn Satrum



Gledelig Jul og Godt Nytt År
Les and Lois Amack



**God Jul
Og Godt Nytt År**
Gene and Tordis
Kaczmarek



**Merry
Christmas**
Jostein
Bakken



Kids Corner

Norwegian Christmas Ornament

These cute little heart shaped baskets are filled with small candies and hung on the tree in Norway.

Materials:

1. Two different colors of paper (gift wrap or construction paper both work)
2. Scissors

Instructions:

1. Stack the two pieces of paper on top of one another and fold them in half.
2. Cut a large U shape (so the straight part of the U is at the fold)
3. Unfold and make sure they look right.
4. Refold and hold in a heart shape to ensure you're happy with the shape. Trim a bit if needed.
5. While still folded and stacked together, cut two slits starting at the straight edge running about 2/3 of the way up the U shape
6. To sort out how far up to cut, imagine your U shape is a square with a half circle on top. Cut up to where the half circle starts

Now it gets a bit complicated:

Our newsletter is in black and white. To help, we marked the red and blue paper with the words "blue" and "red". Take the red and "open" the top loop. Take the blue and stick the first end down inside the top red loop.

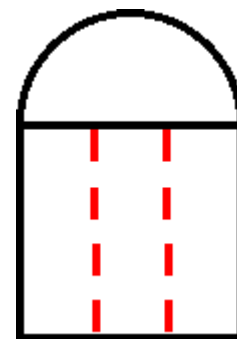
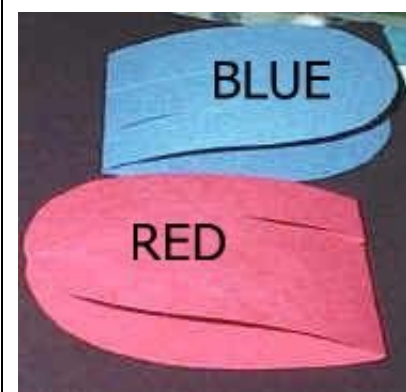
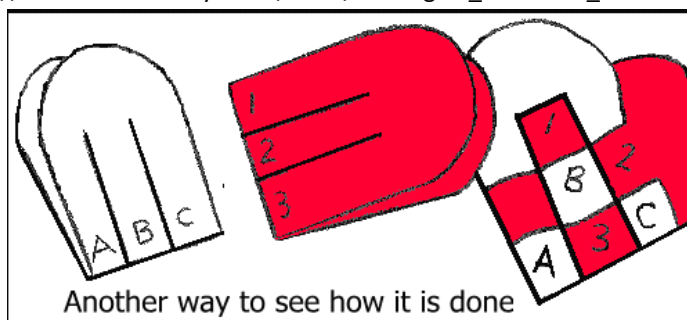
Now (on the same end) open the blue loop and stick the second red loop partially through.

Stick the blue end through the last red loop.

Keep weaving the loops together to form the heart shape

Fill with candy and tape a ribbon or paper handle on to hang it on the tree if you like.

CREDITS: http://www.dltk-holidays.com/xmas/norwegian_christmas_ornament.htm



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BUILDING SOCIETY MEETING

Thursday, November 19, 2009 7:30 PM

The annual meeting of the Skjold Building Society will be held at Bethel Lutheran Church, 3839 W. Frontage Road, Palatine, Hospitality Room— lower level, on **Thursday, November 19, 2009 at 7:30 PM**

The agenda will include a financial report, election of officers, meeting locations, and general discussion. All members of Skjold Lodge are members of Skjold Building Society and can vote at the annual meeting.

The Skjold Building Society was initially created to own property for the lodge and to provide a meeting location for the lodge. For more information, please call Jostein Bakken at 847-526-6486.

HAVE YOU MOVED?

Name and address changes:

Remember to submit your name, address, and e-mail changes to:

Kathy Secora
1410 Westbury Dr.
Hoffman Estates, Illinois
60192-1347
ksecora@mc.net



WIN \$1,000

Skjold Lodge Centennial Raffle
Prizes: \$1,000, \$500, \$300, \$200

The drawing will be at our Centennial Celebration on April 10, 2010

Tickets - \$5.00 each and are available January-April, 2010. Look for more details in subsequent newsletters and at our website www.skjoldlodge.com